

## **AROMA SIEZ ESSENTIAL OIL - Restores Muscle Strength Naturally**

Exclusive to Young Living this blend of 5 wild crafted , Therapeutic Grade Essential Oils is formulated to restore optimal muscle health & function.

Aroma Siez is outstanding for relief from muscle cramps, tightness, aches & pains, fatigue, stress and tension headaches. For relief from all muscle related conditions, including tears, shin splints, menstrual cramps, plantar fasciitis, sprains, strains, & to strengthen weak muscles or even grow new muscle, topically apply Aroma Siez with BLM, Sulfurzyme and NingXia Red internally for results that will astonish your M.D.

*Basil* is relaxing to our involuntary & smooth muscles like heart & digestive system, alleviates mental & muscle fatigue, nasal congestion & is an awesome natural antihistamine. Especially beneficial for all types of insect & venomous bites.

*Cypress* strengthens our circulation & lymphatic abilities, helping with edema, cellulite, neuropathy, varicose veins, excess mucus, & improving blood flow to our heart & brain.

*Lavender* is known as the universal oil due to its value to every system in our body. Lavender is antispasmodic, anti-inflammatory, anti-infectious & extremely calming, helping to maintain healthy blood pressure levels. Lavender is also excellent for all skin conditions, preventing & reducing scarring while speeding up the healing process.

*Marjoram* is extremely calming to our respiratory system & soothing to all muscle groups. Marjoram rapidly regenerates smooth muscle mass, heart, thighs, pectorals, glutes' etc. Marjoram assists our body in releasing excess fluids, while preventing & minimizing bruising & calming our nerves.

*Peppermint* has been scientifically researched for its amazing ability to sooth inflamed tissue, detoxify digestive & liver concerns, increase respiratory abilities, & reduce fevers. Additionally Peppermint increases mental alertness & focus, while maximizing the benefits of all other essential oils combined together.

Aroma Siez is an excellent preventative to injury when applied topically prior to workouts or all athletic & sports activities. Additionally, Aroma Siez is superlative with sports & athletic related injuries creating up to an 80% faster recovery, simply topically apply 2-3 times daily on location. Aroma Siez is a lifesaver for all people & animals involved in any level of physical activity, from mowing the lawn & gardening to agility, endurance & extreme sports.