

Believe

Believe Essential Oil - Exclusive to Young Living, the wildcrafted Therapeutic Grade Essential Oils of Frankincense, Idaho Balsam Fir & Rosewood make up this valuable blend, Believe. In addition to its physical attributes by supporting our nervous, bone, muscle, & immune systems. Emotionally, Believe is magical, producing truly profound effects. Believe Oil releases feelings of unworthiness, freeing the unlimited potential in everyone, making it possible to more fully experience prosperity, health, happiness, vitality.

Idaho Balsam Fir produces excellent results for all bone, ligament, muscle & tendon concerns. IBF is very soothing on daily aches & pains & superb for athletic uses to keep our muscles & ligaments strong & supple while minimizing spasms & tearing for all physical activities. IBF provides lasting relief for all back and spine issues. Also an excellent support for strengthening bone density . This is one of my favorite oils to use after an accident or surgery to reduce pain, inflammation & rapidly speed up healing. IBF also provides powerful relief from respiratory & sinus concerns. IBF reduces the negative affects of stress on our bodies & emotions by physically reducing & balancing cortisol levels. Balanced cortisol levels are a significant factor in maintaining healthy weight, digesting unwanted, excess fat. At bedtime take orally with Chamomile, Lavender, or Valerian for a better nights sleep. Emotionally, IBF is not to be under estimated for creating feelings of grounding & stability while lifting up our mood, thought, & spirit. Excellent for lifting us out of depression.

Rosewood is high in linalool which has relaxing & empowering effects. Emotionally Rosewood is a very stabilizing, assisting us in balancing both hemispheres of our brain allowing us to respond from a place of centeredness with clear focused thoughts, rather than getting caught up in reaction mode.

Frankincense is considered the holy anointing oil in the Middle East and has been used in religious ceremonies for thousands of years. It stimulates the limbic system in the mid brain elevating the mind and helping to overcome stress & despair. It is used in European countries to combat depression, improve memory & strengthen our intuitive & spiritual connection. Frankincense is one of the top natural anti-cancer/anti-tumoral compounds, & is a tremendous immune system modulator.

If you're ready to release & move beyond feelings of unworthiness-simply inhale "Believe" essential oil as often as you need, to make the shift permanently into worthiness, a sense of value & self confidence. Excellent for the whole family, even pets Believe oil can be diffused, applied topically & taken internally.